

6 Days / 5 Nights

## Luang Prabang {Meet the locals}



Admire the beauty of Khuang Si waterfall



Discover Pak Ou Buddha statues Cave



Sample Laos local culinary



Sense the tranquil atmosphere in Luang Prabang



Join locals for the game of petanque



**Day 1:** Luang Prabang Arrival

**Day 2:** Luang Prabang – Pak Ou Cave

**Day 3:** Luang Prabang Highlights

**Day 4:** Luang Prabang – Cooking Class

**Day 5:** Luang Prabang – Khuang Si Waterfalls

**Day 6:** Luang Prabang Departure

## Itinerary

### Day 1: Luang Prabang Arrival (-/-/-)

- Sabaidee! Welcome to **Luang Prabang**, Laos. You are greeted by your guide and driver at the International airport for your transfer to the hotel.
- You then climb the 328 steps leading to **Phousi Hill**. Mount Phousi cuts a distinctive figure in the centre of Luang Prabang skyline. The hill, with spectacular 360 degree views, is a popular as a place to watch the sun rise or set.
- The **Night Market** here is a great place for wandering, offering a lovely variety of handmade textiles crafted by local and hill-tribe people, along with street food, knick-knacks and friendly banter.
- Overnight in Luang Prabang.

### Day 2: Pak Ou Caves (B/L/-)

- The exploration of Luang Prabang would be not complete with a visit to the **National Museum**. Housed in the former Royal Palace, uninhabited since the royal family was deposed in 1975, the museum showcases many treasures of Laos' royal past and allows visitors to glimpse the private and public quarters of Lao royalty. Also displayed here is the Prabang, the sacred Buddha image for which Luang Prabang was named.
- You then board a cruise upstream on the **Mekong River**, which also gives you a panoramic view of the tranquil countryside as well as an interesting visit to the mysterious of **Pak Ou Caves**, locally called Tam Ting, filled with thousands of gold lacquered Buddha statues. The caves are noted for their miniature Buddha sculptures. Hundreds of wooden Buddhist figures take many different positions, including meditation, teaching, peace, rain, and reclining (nirvana).
- On your return, stop by the picturesque village of **Ban Xang Khong** to learn more about Saa paper and hand woven products. Continue to **Ban Chan**, famous for producing pottery.
- Overnight in Luang Prabang

### Day 3: Luang Prabang (B/L/-)

**Option:** *Early wake-up call possible to join the locals giving food to hundreds of Buddhist monks returning from morning prayers. Take a stroll through morning market and take part in this everyday ritual.*

- Breakfast at the hotel or join the locals for a bowl of delicious noodle soup after the alms giving ritual.
- You then head out to the local farm of Luang Prabang, and experience the local way of rice cultivation. After having an overview by visiting a small rice museum, you will learn how rice is farmed, using water buffalo for ploughing together with the traditional manual processes of ranking, transplanting, sowing, grinding, and pounding
- In the afternoon, you visit the impressive stupa of **Wat Visoun**, a peaceful temple featuring the much-photographed Watermelon Stupa; **Wat Aham**, the site of Luang Prabang's most important spirit shrine; **Wat Xieng Thong**, Luang Prabang's largest and most splendid temple, is best known for its impressive Tree of Life mural depicting the Buddhist story.

- Later, you can go for a stroll around this quaint town or even join some locals for a **game of petanque**; there is always someone ready to show you how to play! It is great fun and a good way to get to know the Lao people.
- Overnight in Luang Prabang
- **Note:** Game of petanque will be 3games /pax

## Day 4: Luang Prabang (B/L/-)

- Love Lao food? Join a cooking class for the morning and learn all about Lao culinary methods and traditional foods. Cooking class start with a fascinating tour of the local markets to know what the foods are and what they are used for. Under our chef's instruction, you will learn how to cook some Laos' typical food. End with a great lunch you have helped to cook.
- Overnight in Luang Prabang

## Day 5: Khuang Si Waterfall (B/L/-)

- Drive out through beautiful landscapes of rice fields, hills and villages. You will stop to visit an ethnic minority village to learn about their traditions and culture. Continue to **Khuang Si Waterfall**, where water tumbles over tiered limestone formations into crystal clear pools ideal for escaping the heat. Between cooling off in the pools, you can explore the lush forest setting around the falls.
- At the famous Khuang Si Waterfall, a short walk brings you down to the abrupt waterfall where you will have time for a swim or simply relaxing by the water's edge.
- Overnight in Luang Prabang

## Day 6: Luang Prabang Departure (B/-/-)

- This morning is free at leisure in Luang Prabang town before we transfer you to the airport for your flight
- End of service.